Diocese of Cyprus and the Gulf

Reader Training Handbook - For Reader-in-Training and their Incumbents



Introduction

So, you have attended a discernment conference for consideration for training as a Reader and have been told you have been recommended for training. What happens now? Hopefully you have an exciting and rewarding journey ahead of you as you continue to be formed in the ministry God is calling you into. Reader Ministry is a licenced ministry within the worldwide Anglican Communion, and you will find Readers in all areas of the Communion. However, Reader ministry is essentially local. The shape that your Reader ministry will take grows from the context of the local church and community within which your calling has been recognised and developed and in which it will be exercised. More than that it is also individual. Each of us is unique before God. We have different gifts, skills and personalities which will shape the way in which we are called to serve. However, while recognising this individuality, you have specifically discerned a calling to Reader Ministry. The Diocesan 'Reader Ministry Discernment' document (see cypgulf.org/resources) attempts to give a broad outline of the understanding of Reader ministry in this Diocese, and it is a calling to this ministry which has been recognised and affirmed in you. So now how do we go about further equipping and forming you for this ministry? This handbook outlines a practical response to this question.

The Shape of Reader Ministry Training

All ministry training essentially comprises of three elements:-

- Theological Training
- Skills Training
- Ministerial Formation

Theological Training

Theological training is primarily provided through the Exploring Faith Course. It is expected that Readers in training in this Diocese will engage in this course, delivered in a local setting. More information on this course can be found in the Queens College Discipleship and Ministry Program Handbook. The Diocesan Summer School, currently planned to be held every two years, will also have an input into this, and it is anticipated that all Readers in training will attend a Summer School during their training period.

Skills Training

Skills training refers to practical skills associated with the exercising of ministry. This may include such things as:

- preparing and leading services
- preparing and leading intercessions
- preparing and delivering sermons
- leading study groups, confirmation classes, prayer groups etc
- preparing and leading funerals (depending on the local context)
- a variety of pastoral encounters

This is far from an exhaustive list and will vary depending on the context and vocation of the individual. Some aspects of this skills training are included in the Exploring Faith Course, but

the bulk of this is delivered through the Diocesan Summer School, other Diocesan run training events throughout the year, and through local opportunities within your church setting. A key person in this process with be your training incumbent. This will normally be the parish priest in your local church, but may be an assistant priest or other minister assigned by your parish priest, in consultation with the Warden of Readers. It is essential that you have a locally identified minister who takes on a supervisory and local oversight role of your training. You should have a meeting with your training incumbent at the beginning of your formal training to discuss your training needs. This meeting should discuss:

- Expectations during the training period. e.g How will this work around your work and family commitments? What would be a reasonable level of commitment to formal training opportunities? Discuss your support structure etc..
- Practical training needs and opportunities. e.g What opportunities would be appropriate within your church setting for gaining experience in leading services, preaching, leading small groups, pastoral care etc..
- Methods of feedback. e.g How often will you meet with your Training Incumbent. Go
 through the feedback forms that are available in this handbook. Discuss how
 feedback will be given etc..

A written record should be kept of this meeting, and regular similar meetings should be scheduled throughout your training. If you of your training incumbent would like input or advice into this process then contact the Diocesan Warden of Readers.

A further essential element of practical skills training for all Readers will be an appropriate Safeguarding Course. All Readers should be familiar with, and adhere to, the Diocesan Safeguarding Policy.

Ministerial Formation

Ministerial formation is an absolutely essential element of ministry training, but the most difficult to quantify. It cannot be measured through course attendance or assessment, and is unique to each minister. Although it is not possible to provide a structured program for formation it is possible to provide a skeleton from which it can grow. A key element of this will be a commitment to an ongoing process of theological reflection, which should become an essential component of your lifelong ministry. By establishing this in a formal way during your training it is hoped that it will become a way of life that will sustain you throughout your ministry.

As this handbook is primarily practical it is not proposed to spend time here discussing the background, nature and theology of theological reflection. Theological reflection can take many practical forms, including time in thought and prayer, conversation with others and journaling. Throughout your training it should take on a more specific practical form in terms of regular written reports and feedback. Several forms are provided in the appendices of handbook for this process:-

A. Yearly Self Assessment Form:- This form should be completed annually by all Readers in training on the anniversary of their attendance at discernment conference for selection to reader training. The sections of this form provide helpful focus for the various reflections you will carry out throughout the year.

- B. Sermon Reflection:- Reader Ministry in the Diocese of Cyprus and the Gulf is primarily seen as a teaching and learning ministry. It is anticipated that for the vast majority of Readers this will include preaching sermons. Throughout your training it is hoped you will have opportunities to exercise and develop your preaching skills. It will help your ongoing development in this ministry for you to invite critical feedback. Forms are provided for:
 - a. Personal Reflection
 - b. 360 Congregational Feedback These forms should be given to a few members of the congregation (4 or 5), before the day of preaching. As you progress through your training try to use a variety of congregational members.
 - c. Training Incumbent Feedback
- C. Service Leading Feeback Form
- D. General Reflection Form: There are a wide range of activities that a Reader can engage with during training and beyond. This form can be used as a structure to help with reflection on any of those activities.

Support Structure

There are several key people in supporting your ongoing training:-

- Training Incumbent This will usually be your Parish Priest, but may be an assistant
 priest or other minister assigned by your Parish Priest, in consultation with the
 Warden of Readers. They will be the person who provides local oversight of your
 ongoing training.
- Spiritual Director If you do not already have a Spiritual Director it is recommended that you seek to find one as you begin training. A Spiritual Director, otherwise known as a Soul Friend or Personal Mentor, has a role to help you look at how your training and ongoing formation is affecting your personal journey with God. It is a personal and confidential relationship, and, as such, they will not be called upon to report on you in any way. Ideally this should be somebody from outside of your immediate church context. If it is possible to find someone who has training in spiritual direction then this is helpful, but this is not always possible. They should be a prayerful individual with whom you can develop a good rapport. You should meet regularly (at least 3 times a year) to discuss your ongoing training, experiences, reflections, spirituality, relationships, joys and sorrows. The Diocesan Spirituality Advisor will be able to provide advice to any one taking on a Spiritual Direction role.
- Warden of Readers The Warden of Readers should be the first port of call, for you or your Training Incumbent, in matters relating to your ongoing training. They will seek to provide information, help or advice as required.
- Director of Ministry The Director of Ministry has oversight of all Ministry Training in the Diocese.

Diocese of Cyprus and the Gulf

End of Year Self-Assessment: Readers



All Readers in training should complete this form annually on the anniversary of their attendance at the discernment conference for selection to Reader training. It should then be forwarded to the Warden of Readers, who will also ensure that a copy is retained in your ministerial file at the Diocesan Office.

Parish:
Please consider <u>all</u> the questions. The questions are provided to help you summarise your
formation and development as you review your various activities and reflections throughout
the year. Please write in paragraph form, not just notes. This form should be reasonably easy
to complete if you have been disciplined about your regular process of theological reflection
throughout the year.
throughout the year.
1) Activities and Opportunities Engaged in Throughout the Year Provide a list of the various activities you have engaged in throughout the year, both formally and informally.
2) Quality of Mind and Theological Learning What Exploring Faith modules have you taken this year and what marks have you been awarded so far (if any)? (Please also include any other formal theological training courses you have undertaken if appropriate)
The outcomes for this section are concerned with your ability to engage faithfully and critically with scripture and the traditions of Christian thought so that you can interpret and communicate the Christian faith effectively in the context of public ministry. This requires disciplined study and openness to new ideas as well as openness to others. Please summarise your reflections these areas (Faith and Quality of Mind).

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2) Faith, Vocation and Spirituality This section is concerned with your developing sense of vocation and your ability to articulate it; your readiness
to exercise the ministry of a reader; and your spirituality expressed in your life of prayer and Christian
discipleship. How has your study and experience of ministerial formation influenced these areas in the last year?
Please summarise your reflections in these areas.

3) Ministry within the Diocese of Cyprus and the Gulf, Mission and Evangelism, Lay Leadership and Collaboration
The outcomes for this section concern your understanding of ministry and your developing skills in the practic
of ministry in all its variety; these include liturgical and preaching ministry; mission, evangelism and the
communication of the Christian faith; and the ability to work with others by being supervised, leading
collaboratively, and through teamwork. Please summarise your reflections in these areas.

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4) Personality, Character and Relationships
The outcomes for this section are concerned with you as a person, your strengths and weaknesses, your self-
knowledge, your care of self and relationships to others both personal and pastoral. How have you developed
as a person over the last year? Please summarise your reflections in these areas.

5) Further Training and Development What are your short and medium term goals for your continued training and future development? How best				
could those goals be resourced by (a) the diocese and (b) your parish and you? As you reflect on this are there				
particular areas where you need to do some more work?				
particular areas where you need to do some more work:				

6) Health Issues Has your health posed you any concern over this year of training? Have yo in the past year (please provide brief details). Are there any on-going heal of?	* *
7) Additional Comments Are there any additional comments you would like to make? Are there any would like us to be aware of or any other issue relating to your training?	family or support needs you
8) Training Incumbent's Comments Please provide comments of the progress of the candidate over the past year strengths and areas where further reflection, training and/or experience would be a strength of the candidate over the past year strengths and areas where further reflection, training and/or experience would be a strength of the candidate over the past year strengths and areas where further reflection, training and/or experience would be a strength of the candidate over the past year strengths and areas where further reflection, training and/or experience would be a strength of the candidate over the past year strengths and areas where further reflection, training and/or experience would be a strength of the candidate over the past year strengths are strength of the candidate over the past year strength of the candidate over the past year strengths are strength of the candidate over the past year strength over th	•
Training Incumbent's Signature:Date:	
Candidates Signature: Date:	

Once you have completed this form it should be forwarded to the Diocesan Warden of Readers



Type of Service:

Diocese of Cyprus and the Gulf Sermon Reflection

1.	Describe how yo	ou went about p	oreparing this	s sermon?	What were	e the

Church:_____

lectionary readings? How did you decide on the theme of the sermon?
How did you develop the theme? Did you use illustrations? What techniques did you use to communicate your message?

2. What was the theme of the sermon?

3.	Reflect on your experience of delivering the sermon.
4.	Summarize the responses from the 360 Congregational feedback. Did anything surprise you in the feedback? What are the main learning points you will take forward?
5.	Reflect on your Training Incumbents feedback.
6.	What were the strengths of your sermon preparation and delivery?

7.	If you were to preach again in the same circumstances and from the same readings what would you do differently?
8.	How has the process of preparing, delivering, receiving feedback and reflecting on this sermon helped in your formation? (Consider the specific areas of ministerial formation in the yearly self assessment form)
9.	Are there any other reflections that you would like to record.

Diocese of Cyprus and The Gulf 360 Sermon Evaluation - Congregational Feedback



Name of Preacher:			
Da	te: Length of Sermon:		
Na	me of Church:		
thr	A good sermon energises the listeners and invites them to think about or behave differently through the hearing of God's Word. Please will you help me to assess my sermon by answering the following questions?		
1)	What did you hear as the central message in the sermon? How did that message reach you - through a story, an image, or a persuasive piece of argument?		
2)	In what ways did God speak to you through this sermon? Did the sermon help you to understand the passage(s) of scripture afresh?		
3)	How did the sermon unfold? Did it keep your interest? In what ways?		
4)	How did the sermon lead you to explore new connections with scripture and the world?		

5)) What feelings did the sermon stir within you, and what was it that sparked them	off?
6)) What did the preacher reveal about his/her personality in the sermon, and how of Christian experience come through?	lid their
7)) If the preacher were to preach this sermon again, where could it be improved?	
8)) What will you take from this sermon into the future?	
9)) Please comment on the delivery of the sermon (eg. volume, clarity, gesture comment about the length of the sermon, did it feel too long/short or about right	
Na	lame: Signature:	



Diocese of Cyprus and the Gulf Sermon Evaluation Form

Na	ame of Preacher:	Date:			
Na	ame of Church:				
Ту	pe of Service:				
Sı	Supervisor's/Training Incumbents comments				
1.	How would you describe the genre of the se was this (e.g. teaching, expository, thematevangelistic, all-age worship talk)? Note everything, and there are quite different appurpose of this question is to enable the serterms.	tic, meditation, challenging, ot every sermon can do oproaches to preaching: the			
2.	What was the aim of the sermon?				

3. How did the sermon engage with the text?

4.	What use was made of other theological resources, such as experience, tradition and reason?
5.	How did the sermon engage with the congregation and/or the wider context?
6.	Please comment on the structure and flow of the sermon, including the beginning and ending.
7.	What use was made of illustration, and how effective was this?
8.	Please comment on the delivery of the sermon.
9.	What were the 2 strongest points of the content of the sermon?
10	. What were the 2 strongest points of the delivery of the sermon?

11. What aspects could be developed further?					
Sign	ed:	Date:			



Diocese of Cyprus and the Gulf Leading Worship Evaluation Form

Nam	e of Service Leader: Date:			
Nam	Name of Church:			
Туре	of Service (Morning Prayer, All-Age etc.):			
Cong	regation (Size, Presence of Children etc):			
Sup	Supervisor's/Training Incumbents comments			
10.	What type of service was it and what input did the service leader have into the planning of the service (liturgy/readings/music etc). Comment on their input into the planning (organized and appropriate liturgy, choice of readings/music etc).			
11.	Please comment on the delivery of the service (audibility/clarity, timing, suitable prayerful atmosphere, expression/tone of voice, fluency of delivery, engagement with liturgy, appropriate use of silence etc)			
10				
12.	What would you like to particularly commend about the preparation and leading of this service?			

13.	In what ways might the Se content of worship?	rvice Leader	improve his/h	ner delivery or	
14.	Any Other Comments?				
Name	::				
Signe	d:	Date	e:		



Diocese of Cyprus and the Gulf Theological Reflection

ancounters	This form can be used for a variety of activities and experiences during your training as an aid to the process of theological reflection. This may include such things as, preparing and leading worship, leading small groups or a range of potential pastoral encounters
	1. Describe the activity or experience. Be a thorough as you can.

- 2. Reflect on this activity or experience, using the following headings as a guide as appropriate:-
 - (i) Quality of Mind and Theological Learning
 - (ii) Faith and Spirituality
 - (iii) Vocation
 - (iv) Mission and Evangelism
 - (v) Lay Leadership and Collaboration
 - (vi) Personality, Character and Relationships
 - (vii) Training and Development